

Global Conversations

The guide to self-determination – building life skills to manage transitions in life

Our final conversation this Autumn focuses on an innovative educational method to empower people with chronic conditions who have lost motivation to manage their lives better. The method is Guided Self-determination and comprises a series of conversations between health professionals and people living with chronic conditions. Following the presentations, the moderator will facilitate a conversation and take questions from participants.

Time (DK)	Topic and panelist	Institution
8 am 6 pm Australia time	Welcome by Bodil Rasmussen, Chair of Nursing (Western Health), School of Nursing and Midwifery	Deakin University
8.05 – 8.15 am	<i>Person-Specific Evidence in the Guided Self-determination Program</i> by Vibeke Zoffmann, Head of Research at the Research Unit for Women's and Children's Health	Rigshospitalet
8.15 – 8.25 am	<i>The guide to self-determination: Danish Experience</i> By Mette Juel Rothmann, Associate Professor and Program Leader at Steno Diabetes Center Odense and Dept. of Clinical Research	University of Southern Denmark
8.25 – 8.35 am	<i>The guide to self-determination: Australian Experience</i> by Bodil Rasmussen, Chair of Nursing (Western Health), School of Nursing and Midwifery	Deakin University
8.35 – 8.55 am	Panel Discussion and questions Moderator: Jette Ammentorp, Professor at Centre for Research in Patient Communication (CFPK) and Dept. of Clinical Research	University of Southern Denmark
8.55 am	Thank you	

Date and time

11th of November 2021 at 8am Danish time, 6 pm Australian time

Registration deadline

11th of November 2021. [Register here](#)

Place

Webinar

Organiser

University of Southern Denmark and Deakin University

About the Global Conversation Series

The Global Conversation Series is a part of the ongoing collaboration between Deakin University and the University of Southern Denmark. The aim is to inspire continued development and provide opportunities for expansion of the network and collaboration and to highlight our work in international partnerships.

Previous Global Conversations:

Empowering patients with chronic and complex conditions through technology.

Clinical Communication and patient-centred care

Psycho-Social Impact of COVID19 on Danish and Australian Frontline Health Workers